

Contacts:



Just Aerobics & Fitness Center
Lori DiRenzo-Tarson
101 Fireman's Plaza
Frackville, PA 17931
570-874-3787
www.justaerobics.com
info@justaerobics.com

Release Prepared By:



Contact:

Liana Evans, President p: 570-590-5764
1 S. 2nd Street f: 570-628-3887
Pottsville, PA 17901
info@crossroadsmultimedia.com

For Immediate Release

Local Fitness Center Member Wins National Powerlifting Award

Frackville, PA – August 27, 2004 – Just Aerobics & Fitness Center in Frackville, PA announced today that one of its members recently won First Place in the World National Powerlifting Federation (W.N.P.F.) North American Powerlifting Championships that was held in Philadelphia in June 2004.

Tony Klazs, Jr. of St. Clair, who has been competing in the Amateur Powerlifting circuit that promotes drug free competition for the past 4 years, lifted his way to the top of the championships on June 13. A member of the fitness center since February, Klazas came to Just Aerobics for a more modern facility and equipment to improve his workout. Along with himself, Klazas brought along his two spotters, Fran Foster and his father Tony, Sr. to Just Aerobics & Fitness Center.

When Klazas isn't training for competition, he's coaching local high school football. For the last 10 years Tony has been a coach for the Nativity Hilltoppers. Last February, Klazas was promoted to head coach.

"It's a wonderful achievement for Tony and we are very proud that he chose Just Aerobics & Fitness Center to train at for his championship," explained Lori DiRenzo-Tarson, owner of Just Aerobics & Fitness Center. "The fact that he not only trains for Powerlifting but also coaches a team of young adults shows his commitment to exercise and the community.

Just Aerobics & Fitness center recently profiled Klazas' win in their new quarterly newsletter that is now available for download on their website – www.justaerobics.com.

###

About Just Aerobics and Fitness Center

Just Aerobics and Fitness Center is a full service exercise facility located on the outskirts of Frackville, PA. The facility has a wide range of exercise equipment and a separate class area for a large selection of exercise classes. For more information about Just Aerobics and Fitness Center, please contact Lori DiRenzo-Tarson at 570-874-3787.